

North Central Texas Chapter

## The REACH II Program

(Resources for Enhancing Alzheimer’s Caregiver Health)

REACH II is a nationally recognized, evidence-based program offering specialized educational and counseling services to family caregivers providing home care for loved ones diagnosed with Alzheimer’s disease. The program is six months in length.

### How do clients benefit from REACH II?

Caregivers benefit from an improved ability to maintain care recipients at home, an enhanced quality of life and an increased number of healthy days.

### What is the outcome objective?

At least 80% of care recipients (person living with dementia - PLWD) at high risk for nursing home placement whose caregiver received REACH II services will continue to reside at home after six months.

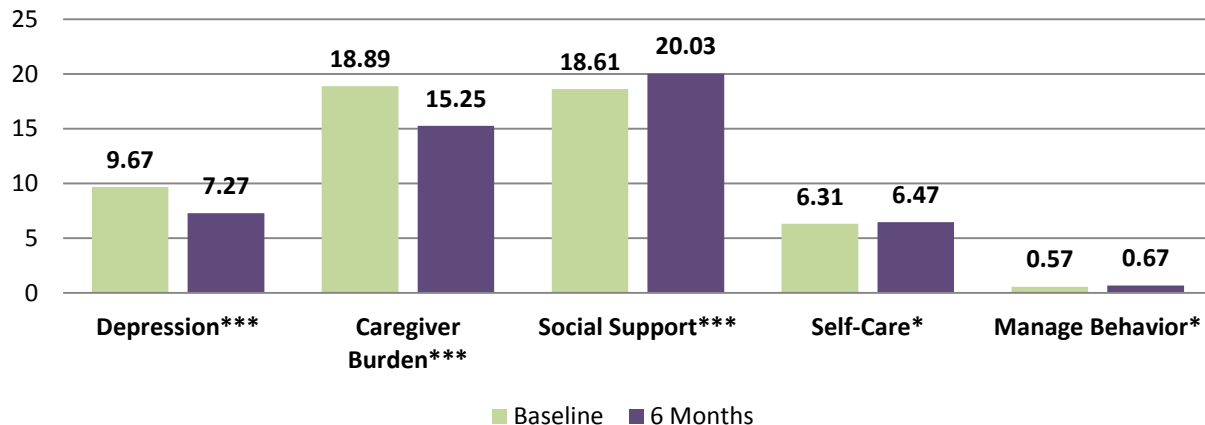
### Percentage of High Risk PLWD Still Living at Home

(Objective: > 80% Remaining in the Home)

Yr 1	Yr 2	Yr 3	Yr 4	Yr 5	Yr 6	Yr 7	Yr 8
89.6%	89.4%	94%	91.7%	90.5%	92.2%	91.9%	93.7%

### Quality of Life Pre/Post Measures

2011-2017



Levels of Statistical Significance: \* $p < .5$  significant, \*\*\* $p < .001$  extremely significant

## Program Summary

REACH	Yr 1 Sept. 2010- June 2011	Yr 2 July 2011- June 2012	Yr 3 July 2012- June 2013	Yr 4 July 2013- June 2014	Yr 5 July 2014- June 2015	Yr 6 July 2015- June 2016	Yr 7 July 2016- June 2017	Yr 8 July 2017- June 2018
New Enrollments	130	357	344	289	249	262	204	244
Active Cases	130	487	504	447	361	393	331	381

### Caregiver Demographics (Sept. 2010 – June 2018)

<b>Gender</b>	Male	22%
	Female	78%
<b>Age</b>	20-39	4%
	40-59	38%
	60-74	36%
	75-84	18%
	85+	4%

<b>Ethnicity</b>	African American	19%
	Asian	1%
	Caucasian	67%
	Hispanic	12%
	Other/Unknown	1%

### Achievements

- The success of the first two years of REACH II in Tarrant County enabled us to secure funding from the **Rosalynn Carter Institute for Caregiving (RCI)** to expand REACH to Johnson and Parker Counties.
- Invited to present on a panel at the **American Society on Aging's annual Aging in America** national conference. The presentation, **Resources for Enhancing Alzheimer's Caregiver Health Texas (REACH II)**, was held in Washington, DC on March 29, 2012.
- Invited to present at the **2013 RCI National Summit & Training Institute** held in Americus, GA. As one of four funded RCI REACH sites, we participated in a presentation entitled **Community Agencies Making a Difference** on October 25, 2013.
- Invited to present at the **Gerontological Society on Aging** annual conference. The presentation, **The Role of Technology to Augment Implementation and Delivery of the REACH II Intervention**, was given on November 23, 2013.
- **n4a (National Association of Area Agencies on Aging) Aging Innovations Award** for our partnership with the Area Agency on Aging, July, 2015.
- Since October 2015, **Area Agency on Aging - North Central Texas** is providing funds to conduct REACH in rural counties surrounding Tarrant County.
- In June 2016, an **Administration on Aging** grant administered through the United Way is supporting the program's efforts to increase service to traditionally under-served African-American and Hispanic populations.
- Beginning July 2016, the **WE HAIL grant from Health Resources and Services Administration's Geriatric Workforce Enhancement Program** is providing supplemental funding to continue the program in rural counties surrounding Tarrant County.
- Poster presentation about the REACH program at the **Alzheimer's Association International Conference** entitled **Long-Term Efficacy of Embedding an Evidence-Based Alzheimer's Caregiver Program** in July 2019.

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